

**Fitness Center
Guidelines for Transitional Operation
Phase 4 (Yellow Tier)**

To preserve the health of our members and prevent the spread of COVID 19 the following guidelines define **Phase 4 (Yellow Tier)** of our plan to reopen the Talega Gallery Community Association fitness center on a transitional basis. As the situation evolves, the Association will remain flexible and adaptive to further guidance provided by County, City and State agencies.

Use of the fitness center is at your own risk. The Talega Gallery Community Association does not assume responsibility for your safety from coronavirus or COVID-19. As a participant you are responsible for your health and are expected to follow public health guidelines from the CDC and state and county departments of public health. These include:

- Maintaining a proper social distance of at least 6 feet from other persons
- Frequently washing or sanitizing hands during activities.
- Wearing personal protective equipment such as masks and gloves in public places

Compliance with specific guidelines in the fitness center is expected:

- All residents who use the fitness center are required to sign a *Common Area Facilities Release Form* prior to using the facilities.
- The fitness center will be available for exercise from 7:30AM to 5:00PM, Monday thru Friday, Saturday & Sunday 8:30 AM -5:00 PM.
- Fitness center occupancy is **limited to 6 residents** at any one time to avoid crowding and to ensure 6 feet of distance between users.
- Reservations for exercise in the fitness center are strongly recommended and take priority. Please visit <https://app.courtreserve.com/Portal/GalleryActivities> to book a reservation between 48 hrs. and 1 hr. in advance.
- Reservations may be booked in 60-minute segments.
- Guests or non-residents are not allowed to use the fitness center.
- It is requested that residents wash their hands with soap and water before using the fitness center.
- Residents are encouraged to bring and use hand sanitizer.
- Residents are responsible for using provided sanitizing spray to disinfect individual exercise equipment, mats, and machines before and after use.
- Protective masks are recommended when walking in and through common areas.
- Residents who have finished their exercise should leave the area. Only those who are actually exercising should be inside the facility.

The HOA staff and BOD will rely on the participants to help monitor adherence to these guidelines. Should there be members who elect not to follow the guidelines the Board would prefer to mitigate these issues amicably. Should issues arise that cannot be resolved amicably, a temporary suspension of activity may be imposed until further easing of social distancing guidelines are issued by County, City and/or State agencies